

ROCHESTER REGIONAL HEALTH

Date: _____

Patient Name: _____

The elf above was seen by our provider today, and determined to have a mild case of Twinkle Touch Toxin, caused by accidental human contact.

This condition causes the elf's glow, known as their "Twinkle," to fade and makes them unable to move. However, this common condition is very easily treated.

This elf must stay still and rest for 2-3 full days. This means no moving, no candy, and no mischief of any kind. A quick sprinkle of glitter (real or imaginary) can also help speed up the healing process.

At the end of the elf's recovery period, their magic should be fully recharged, and they will be free to continue their normal routine and move about as needed.

Best wishes for a speedy elf recovery!

Mary Starlight

Mary Starlight, PA-C
Rochester Regional Health